



Kneisha
SANDERS

Personal Note:

Hello! I would love to share all the things that I know would impress you such as I graduated from undergrad in 3 years, studied abroad at the University of Cambridge, and then got a "good" job. However, that doesn't capture the journey and the many many faith delays experienced along the way. As we journey together you'll see more than just my highlight reel. You'll get to know me, what I believe, and how those beliefs drive my reel.

Formal Bio:

Kneisha spent 10+ years in Corporate Finance positions within Fortune 100 companies across the Aerospace, Energy, Healthcare, Home Appliances, Financial Services, and Food Distribution industries. She developed her expertise through her Financial Planning & Analysis (FP&A), Supply Chain, Internal Audit, and Project Management experience.

She has extensive experience working with international teams on global assignments, coaching and training cross-functional leaders and teams in-person and virtually.

Kneisha has designed and taught executive education in the corporate and academia arenas, conducts 360s, DiSC assessments, workshops, and facilitates leadership team strategy sessions.

She holds an MS in Management with a concentration in Organizational Behavior & Executive Coaching from the University of Texas at Dallas, and a BA in Finance from Michigan State University. She is also a Professional Certified Coach (PCC) through the International Coaching Federation (ICF) and is an authorized Everything DiSC Partner and Facilitator through Wiley.

Kneisha has been professionally coaching since 2013, with having five years as an internal Master Coach for GE (General Electric) executive leadership development programs. She served on the ICF Houston board as their Director of Professional Development, leading programming, training, and coaching initiatives.

She recently published her first book, *The Fruit of a Spirit-Led Leader*, which helps professionals bring their authentic self to work and continues to help Corporations empower their employees through her signature uDecide Framework™.

BELIEVER, COACH, FACILITATOR, AUTHOR

Contact Info

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Skills

- Remaining Open & Curious
- Listening & Motivating Others
- Facilitating Events, Programs & Training (In-Person & Virtually)
- Simplifying & Specifying Info
- Creating Repeatable Processes
- Stabilizing & Restoring
- Conducting & Delivering 360 Feedback

Certifications & Affiliations

- **Professional Certified Coach (PCC)** - International Coaching Federation (ICF)
- **Executive & Professional Coaching** - UT Dallas
- **Everything DiSC Authorized Partner** - Wiley
- **Director of Professional Development** - ICF Houston
- **Executive Education Instructor** - Michigan State University